TAOS CHAPTER

MAY 6th - 10th







MONDAY/LUNES

BAKED CHICKEN NUGGETS, CELERY AND CARROT STICKS, WW ROLL, GARDEN SALAD AND SEASONAL FRUIT

Breakfast- Cheerios and milk with seasonal fruit

TUESDAY/MARTES

STEAK FAJITAS, RICE AND BEANS, SNAP PEAS, TORTILLA CHIPS, GARDEN SALAD AND SEASONAL FRUIT

Breakfast-WW muffin served with yogurt, and seasonal fruit

WEDNESDAY/MIERCOLES

CHICKEN ALFREDO, GARLIC BREAD, BROCCOLI, GARDEN SALAD AND SEASONAL FRUIT

Breakfast- WW bagel w cream cheese, hard boiled egg and seasonal fruit

THURSDAY/JUEVES

PORK STIRFRY, MIXED VEGGIES, BROWN RICE, GARDEN SALAD AND SEASONAL FRUIT

Breakfast- Rice Chex with milk and seasonal fruit

FRIDAY/VIERNES

BBQ CHICKEN WRAP, CARROT STICKS, CHEESE STICK, TORTILLA CHIPS, GARDEN SALAD AND SEASONAL FRUIT

Breakfast- Yogurt, Granola and seasonal Fruit

TAGE CHARTER

MAY 13th-17th









MONDAY/LUNES

EGG ROLLS, BROWN RICE, SNAP PEAS, GARDEN SALAD, AND SEASONAL FRUIT

Breakfast- Cheerios and milk with seasonal fruit

TUESDAY/MARTES

PEPPERONI PIZZA BAKE, BROCCOLI, GARDEN SALAD, GARDEN SALAD AND SEASONAL FRUIT Breakfast-WW muffin served with yogurt, and seasonal fruit

WEDNESDAY/MIERCOLES

MAC-N-CHEESE w/ HAM AND PEAS, CARROT STICKS, WW ROLL, GARDEN SALAD, SEASONAL FRUIT

Breakfast- WW bagel w cream cheese, hard boiled egg and seasonal fruit

THURSDAY/JUEVES

CHICKEN, BROCCOLI, RICE CASSEROLE, SNAP PEAS, CUCUMBERS, GARDEN SALAD, SEASONAL FRUIT

Breakfast- Rice Chex with milk and seasonal fruit

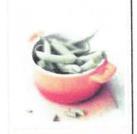
FRIDAY/VIERNES

BEAN AND CHEESE BURRITO, ELOTE SALAD, TORTILLA CHIPS, GARDEN SALAD AND SEASONAL FRUIT

Breakfast- Yogurt, Granola and seasonal Fruit

THO CHANZIBO

MAY 20th-24th









MONDAY/LUNES

ENCHILADAS, BROWN RICE AND BEANS, SNAP PEAS, TORTILLA CHIPS, GARDEN SALAD, AND SEASONAL FRUIT

Breakfast- Cheerios and milk with seasonal fruit

TUESDAY/MARTES

JAMBALAYA, FRESH BROCCOLI, WW ROLL, GARDEN SALAD AND SEASONAL FRUIT Breakfast-WW muffin served with yogurt, and seasonal

WEDNESDAY/MIERCOLES

BEEF AND BROCCOLI STIRFRY, BROWN RICE, EDAMAME AND CARROTS, GARDEN SALAD, SEASONAL FRUIT

Breakfast-WW bagel w cream cheese, hard boiled egg and seasonal fruit

THURSDAY/JUEVES

ITALIAN PASTA SALAD, CHEESESTICK, BROCCOLI, GARLIC BREAD, GARDEN SALAD, SEASONAL FRUIT

Breakfast- Rice Chex with milk and seasonal fruit

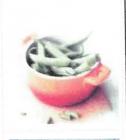
FRIDAY/VIERNES

CHEESEBURGER, CRINKLE FRIES, CARROT STICKS, GARDEN SALAD AND SEASONAL FRUIT

Breakfast-Yogurt, Granola and seasonal Fruit

MAY 27th-31st











MONDAY/LUNES NO SCHOOL! HAPPY MEMORIAL DAY

TUESDAY/MARTES

PORK POSOLE, WW TORTILLA, SNAP PEAS, GARDEN SALAD, AND SEASONAL FRUIT.

Breakfast: Muffins, vogurt, seasonal fruit.

WEDNESDAY/MIERCOLES CHICKEN ALREDO, GARLIC BREAD, CUCUMBERS AND PEAS, GARDEN SALAD AND SEASONAL FRUIT

Breakfast- Rice Chex with milk and seasonal fruit THURSDAY/JUEVES

MANDARIN CHICKEN, STIRFRY VEGGIES, BROWN RICE, GARDEN SALAD AND SEASONAL FRUIT.

Breakfast- Rice chex w/ milk and seasonal fruit.

FRIDAY/VIERNES

HAM AND SWISS ROLLUPS,k CARROT STICKS, PRETZELS, GARDEN SALAD AND SEASONAL FRUIT Breakfast- Yogurt, Granola and seasonal Fruit