

# Nutrition Zone

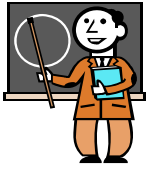


# APRIL 2008



## taos charter school



April 7, 2008	April 8, 2008	April 9, 2008	April 10, 2008	April 11, 2008
<b>Breakfast</b> Breakfast Pizza  <b>CHEF SALAD BAR</b> Homemade WW Bread Chilled Fruit -Fresh Veggies LF Milk	<b>Breakfast</b> French Toast Sticks  <b>TERIYAKI RICE BOWL</b> W/ STEAMED VEGETABLES Peach Slices LF Milk	<b>Breakfast</b> Breakfast Burrito  <b>SPAGHETTI AND MEAT SAUCE</b> Steamed Italian Vegetables & WW Bread Stks. Chilled Pears Fresh Veggies	<b>Breakfast</b> Cereal & Cheese Wedge  <b>HAM &amp; CHEESE SANDWICH</b> Baked Fries Sandwich Veggies Chilled Fruit Fresh Veggies/ LF Milk	<b>Breakfast</b> Sausage Biscuit  <b>DOMINOS PIZZA</b> <b>PEPPERONI PIZZA</b> <b>OR CHEESE PIZZA</b> with Garden Salad Chilled Fruit Fresh Veggies LF Milk
April 14, 2008	April 15, 2008	April 16, 2008	April 17, 2008	April 18, 2008
<b>Breakfast</b> Muffin & Yogurt  <b>BEAN &amp; CHEESE BURRITO</b> Salsa & Tossed Green Salad Chilled Pears Assorted Fresh Veggies LF Milk	<b>Breakfast</b> WW Peanut Butter & Jelly Sand  <b>MACARONI N'CHEESE</b> Turkey Franks on WW Bun Applesauce Fresh Veggie Slices LF Milk	<b>Breakfast</b> Breakfast Pizza  <b>ROASTED TURKEY</b> with Mashed Potatoes & Gravy Steamed Broccoli Chilled Pears Fresh Veggies	<b>Breakfast</b> Cinnamon French Toast  <b>CHICKEN &amp; RICE SOUP</b> <b>GRILLED CHEESE SAND</b> Chilled Fruit Fresh Veggies/ LF Milk	<b>Breakfast</b> Sausage Biscuit  <b>DOMINOS PIZZA</b> <b>PEPPERONI PIZZA</b> <b>OR CHEESE PIZZA</b> with Garden Salad Chilled Fruit Fresh Veggies LF Milk
April 21, 2008	April 22, 2008	April 23, 2008	April 24, 2008	April 25, 2008
<b>Breakfast</b> Sausage & Cheese Frittata  <b>HAMBURGER on WW BUN</b> Lettuce/Tomato/Pickle Oven Baked Fries Chilled Pears Assorted Fresh Veggies LF Milk	<b>Breakfast</b> Cereal & Grammy Bears  <b>DELI TURKEY SANDWICH ON WW BREAD</b> Sandwich Veggies Potatoe Wedges Applesauce Fresh Veggie Slices LF Milk	<b>Breakfast</b> Breakfast Pizza  <b>BAR-B-QUE SANDWICH</b> WW Bun Steamed Corn Chilled Fruit (peaches) Fresh Veggies LF Milk	<b>Breakfast</b> Muffin & Yogurt  <b>HOMESTYLE CRISP CHICKEN TACOS</b> Pinto Beans Chilled Fruit Fresh Veggies LF Milk	NO SCHOOL TEACHER IN-SERVICE  
April 28, 2008	April 29, 2008	April 30, 2008	May 1, 2008	May 2, 2008
<b>Breakfast</b> Breakfast Pizza  <b>CHICKEN NUGGETS</b> & Mashed Potatoes/Gravy Homemade WW Bread Green Beans Chilled Fruit -Fresh Veggies LF Milk	<b>Breakfast</b> French Toast Sticks  <b>SLOPPY JOES</b> On WW Bun Steamed Corn Peach Slices LF Milk	<b>Breakfast</b> Breakfast Burrito  <b>CHICKEN FAJITAS</b> Bowl of Pinto Beans Lettuce & Tomato Salad Chilled Pears Fresh Veggies	<b>Breakfast</b> Cereal & Cheese Wedge  <b>NACHOS SUPREME</b> Green Salad Chilled Fruit Fresh Veggies/ LF Milk	<b>Breakfast</b> Sausage Biscuit  <b>DOMINOS PIZZA</b> <b>PEPPERONI PIZZA</b> <b>OR CHEESE PIZZA</b> with Garden Salad Chilled Fruit Fresh Veggies LF Milk